



TEAM BUILDING ACTIVITIES AT LIVING WATERS RESORT - ON SITE

SPRING / SUMMER / FALL PACKAGES



At Free Spirit Tours we offer engaging and immersive team-building experiences for Living Waters Resorts. Designed to foster collaboration, communication and connection. Our unique activities help teams strengthen their bonds while enjoying the beauty of nature.

AMAZING LIVING WATERS RACE - \$55/PERSON - 1.5 HOURS (min. 10 ppl / max - no limit)



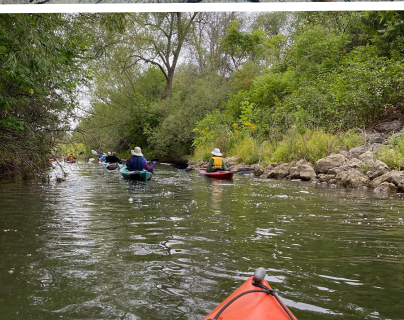
In this Race teams will engage in friendly competition through the picturesque grounds of the hotel. Each team is given clues to find checkpoints that are situated at different scenic spots. From decoding cryptic messages, to completing fun team challenges each task fosters teamwork, communication and problem solving skills. As teams race against the clock excitement builds and fun energy is created. The challenge concludes with a celebratory gathering where teams share their experience and victories, reinforcing bonds and leaving lasting memories.

TEAM OLYMPICS - \$55/PERSON - 1.5 HOURS (min. 12 ppl / max - no limit)



Within the beautiful backdrop of Living Water's incredible location on Georgian Bay, spirited competition unfolds igniting friendly rivalry. Teams will engage in a series of fun challenges from a relay race along the hotel's grounds to intense tug of war battles beside the water. Colleagues will bond over obstacle courses that will be sure to make everyone laugh and feel like a kid again. The event culminates with a closing ceremony and the announcement of teams placing for bronze, silver and gold.

THE AMAZING RACE: BIKE EDITION - \$110/PERSON - 2 HOURS (min. 10 ppl / max 30 ppl - \$110/person)



This is an exhilarating, adventure packed cycling challenge where your group is put into teams. Riding through scenic trails and local landmarks, participants will navigate a series of checkpoints, each presenting a unique team building challenge. Challenges can be physical or mental that must be completed before moving on. This event encourages communication and team work while enjoying the outdoors.

KAYAKING - \$75/PERSON - 2 HOURS (COLLINGWOOD HARBOUR) (min. 4 ppl / max 50 ppl at one time)



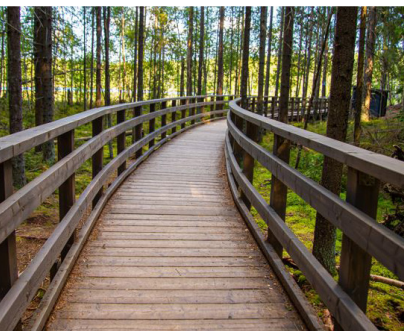
Embark on an incredible journey with your team as you paddle the Nottawasaga Bay right from the hotel grounds. Kayaking brings people together as they discover the beauty of the outdoors and serenity of nature. Against the magnificent backdrop of the Niagara Escarpment your team will create unforgettable memories. Kayaking becomes not just a recreational activity but a transformative experience that solidifies bonds and fosters a sense of belonging.



Free Spirit TOURS

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POLLINATOR GARDEN PLANTING - \$125/PERSON - 2.5 HOURS

(min. 4 ppl / max 40 ppl)

Teams will work together to create a thriving habitat for bees, butterflies and other pollinators by planting native wildflowers, shrubs and grasses. Participants will learn about the importance of pollinators, how to design a pollinator-friendly space and sustainable gardening techniques. This hands-on activity fosters teamwork while making a lasting environmental impact. The garden could be planted in a community space, schoolyard or conservation area, ensuring a legacy of biodiversity.

NATURE HIKE - \$50/PERSON - 1.5 HOURS

(min. 4 ppl / max no limit)

Take part in a guided nature hike along the shores of Georgian Bay, right outside the doors of Living Waters Resort. Led by an experienced guide, explore the area's hidden wonders and learn about local flora and fauna. Your guide will also be able to share the history of the area with engaging story telling. An amazing way to explore the area and leave your team feeling energized.

FORAGING WITH BAREFOOT BRIAN - \$65/PERSON - 2 HOURS

(min. 4 ppl / max 40 ppl)

Head out on a guided foraging tour on the beautiful grounds of Living Waters Resort. Led by knowledgeable expert Barefoot Brian, you'll learn to identify an array of edible plants and herbs. This interactive experience ends with an herbal tea and a Q & A with Brian.

FOREST THERAPY ON THE BAY - \$65/PERSON - 2 HOURS

(min. 4 ppl / max. 60 ppl)

Immerse your team in the healing embrace of nature with a forest therapy tour. Led by a certified guide, embark on a sensory journey engaging in mindfulness practices and reconnecting with the present moment. Through guided prompts and reflective discussion, team members will foster a deeper connection to the natural world. This transformative experience promotes well-being, resilience and a profound sense of unity, leaving your team rejuvenated.

GLOW-IN-THE-DARK KAYAKING - \$100/PERSON - 2 HOURS

(min. 4 ppl / max. 30 ppl)

Experience the magic of the water like never before with our Glow in the Dark Kayaking adventure. Paddle under the night sky in a specially equipped kayak that lights up different colours in the water. As you glide through the calm waters you'll be surrounded by the beauty of the night with the stars above and shimmering reflections below. A truly unique experience.

Transportation can be arranged for some tours. Maximum amount for transportation is 40 people. Cost ranges from \$150 and up depending on activity, group size and location.